

# News You Can Use: Resources and Supports for Students with Autism and Their Families

## Part 1

### *NASDSE Professional Development Series*

Hatton, D.D., & Henry, S. (2008). *News you can use: Resources and supports for students with autism and their families*. Pittsburgh, PA. October 9, 2008. NASDSE Professional Development Series



**OHIO CENTER FOR AUTISM AND LOW INCIDENCE**



THE NATIONAL PROFESSIONAL DEVELOPMENT CENTER ON  
**AUTISM SPECTRUM DISORDERS**

# Promoting the Use of Evidence-based Practices:

## The National Professional Development Center on Autism Spectrum Disorders

Hatton, D.D., & Odom, S. L. (2008). *Promoting the use of evidence-based practices for autism spectrum disorders: The National Professional Development Center on ASD*. Pittsburgh, PA. October 9, 2008. NASDSE Professional Development Series.

Cooperative Agreement H 35G 070004  
U.S. Department of Education, Office of Special Education Programs



THE NATIONAL PROFESSIONAL DEVELOPMENT CENTER ON  
**AUTISM SPECTRUM DISORDERS**



# Session Objectives

Participants will

- define evidence-based practices (EBP) as described by the National Professional Development Center on Autism Spectrum Disorders (NPDC on ASD)
- discuss the rationale for using EBP and a process for linking EBP to IEP/IFSP goals and objectives
- identify EBP for children and adolescents with ASD
- describe activities of the NPDC on ASD and how to access state applications



***What is the National Professional Development Center on ASD and how can it help promote optimal outcomes for children and adolescents with ASD and their families?***



THE NATIONAL PROFESSIONAL DEVELOPMENT CENTER ON  
AUTISM SPECTRUM DISORDERS

# National Professional Development Center on Autism Spectrum Disorders



**A multi-university  
center to promote  
use of evidence-  
based practice for  
children and  
adolescents with  
autism spectrum  
disorders**



THE NATIONAL PROFESSIONAL DEVELOPMENT CENTER ON  
**AUTISM SPECTRUM DISORDERS**



**Cooperative Agreement H 35G 070004**  
U.S. Department of Education  
Office of Special Education Programs

# National Professional Development Center on Autism Spectrum Disorders: Sites

- FPG Child Development Institute, University of North Carolina at Chapel Hill
  - FPG (Sam Odom and Deborah Hatton)
  - Division TEACCH and Neurodevelopmental Disorders Research Center
  - Center for Development and Learning
- Waisman Center, University of Wisconsin at Madison
  - Len Abbeduto and Linda Tuchman-Ginsberg
- M.I.N.D. Institute, University of California at Davis Medical School
  - Sally Rogers, Sally Ozonoff, John Brown

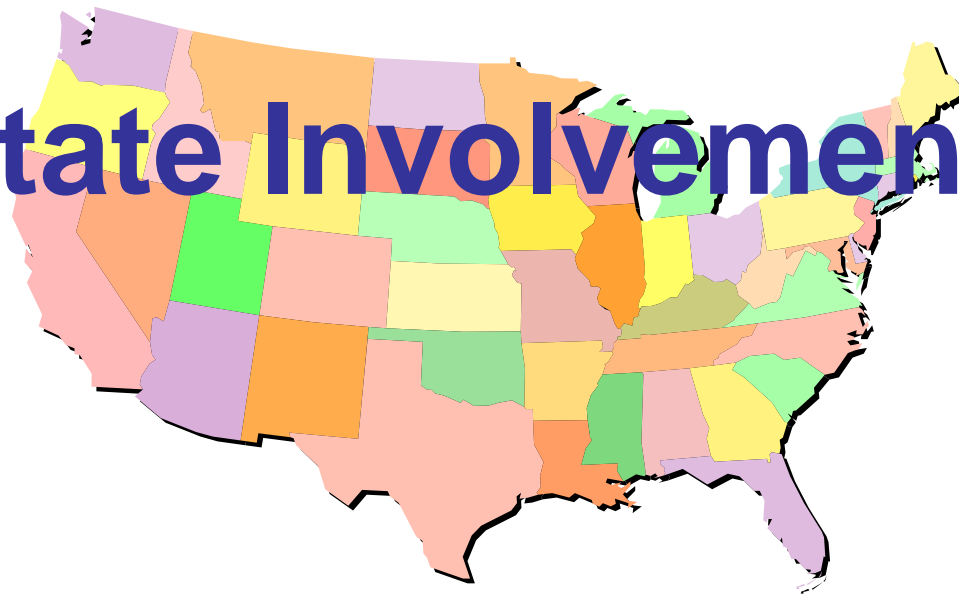


# Goals of the Center

- Promote optimal development, learning, and achievement for infants, preschoolers, elementary, and secondary students with ASD and support for their families through use of evidence-based practices (EBP)
- Increase state capacity to implement EBPs in early identification, intervention, and education
- Increase the number of highly qualified personnel serving children with ASD through sustainable technical assistance and professional development



# State Involvement



- Year 1, Cohort 1: Master content and process in collaboration with NPDC staff (IN, NM, WI)
- Years 2-4: States complete competitive application
  - Year 2, Cohort 2: KY, MN, MI
  - Year 3, Cohort 3: ???
  - Year 4, Cohort 4: ???
- Total number of states served: 12





**Access State Application Forms  
and Instructions  
at  
Project Web site**

**[www.fpg.unc.edu/~autismpdc](http://www.fpg.unc.edu/~autismpdc)**



THE NATIONAL PROFESSIONAL DEVELOPMENT CENTER ON  
AUTISM SPECTRUM DISORDERS



## THE NATIONAL PROFESSIONAL DEVELOPMENT CENTER ON AUTISM SPECTRUM DISORDERS

[ABOUT THE CENTER](#)

[RESOURCES](#)

[TECHNICAL ASSISTANCE & TRAINING](#)

A multi-university center to promote use of  
evidence-based practice for children and adolescents  
with autism spectrum disorders



### MULTI-UNIVERSITY PARTNERSHIP AND REGIONAL DIRECTORS

#### **FPG Child Development Institute**

University of North Carolina

#### **Sam Odom**

*Principal Investigator*

#### **Deborah Hatton**

*Co-PI & Project Director*

*UNC partners*

[Division TEACCH](#)

[Center for Development and](#)

[Learning](#)

[Neurodevelopmental Disorders](#)

[Research Center](#)

#### **Waisman Center**

University of Wisconsin-Madison

#### **Leonard Abbeduto**

Linda Tuchman-Ginsberg



#### **M.I.N.D. Institute**

University of California at Davis  
Medical School

#### **Sally Rogers**

**Sally Ozonoff**

**John Brown**



**UNC**

FPG CHILD DEVELOPMENT INSTITUTE

Cooperative Agreement H 35G 070004 U.S. Department of Education, Office of Special Education Programs. This project is supported by the U.S. Department of Education, Office of Special Education Programs (OSEP). Opinions expressed herein are those of the authors and do not necessarily represent the position of the U.S. Department of Education.



[Group Login](#) [Contact Us](#)

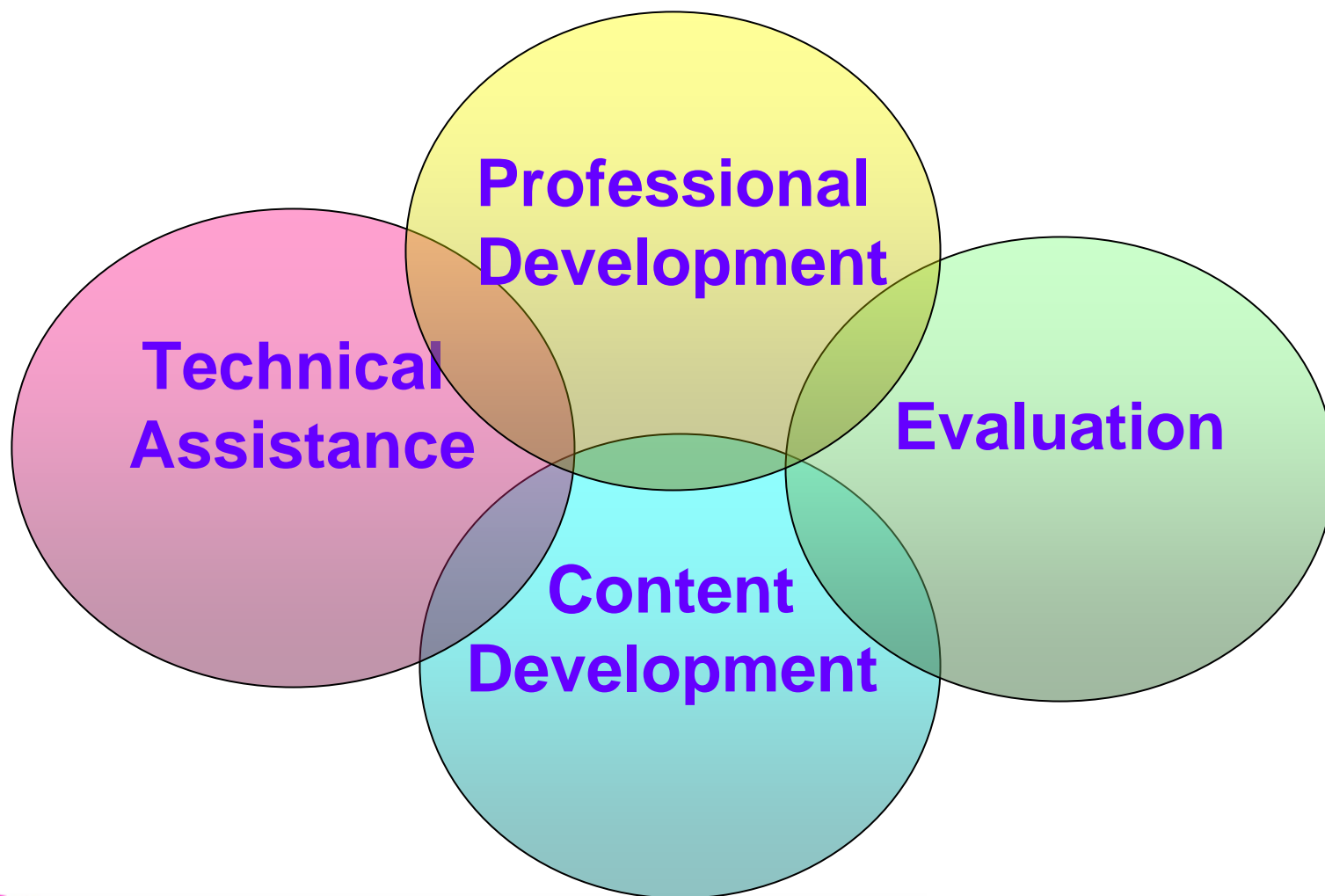
Site last updated 11/192007



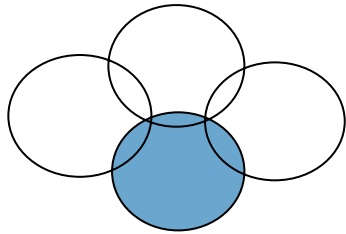
**UNC**

FPG CHILD DEVELOPMENT INSTITUTE

# What can NPDC provide?



THE NATIONAL PROFESSIONAL DEVELOPMENT CENTER ON  
**AUTISM SPECTRUM DISORDERS**

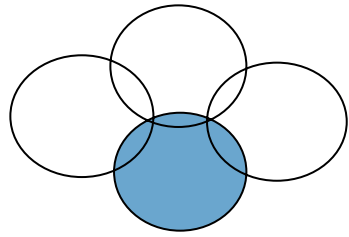


# Content Development

## Foundations of Autism Spectrum Disorders Online Course

- Eight sessions
- Pre and post test for each session
- Accessed online using *BlackBoard* platform





# Content Development

## Evidence-based Practices



# *What is an EBP?*



To be considered an evidence-based practice for individuals with ASD by The National Professional Development Center on ASD, efficacy must be established through peer-reviewed research in scientific journals using:

- *randomized or quasi-experimental design studies.* Two high quality experimental or quasi-experimental studies,
- *single-subject design studies.* Three different researchers must have conducted five high quality single subject design studies, or
- *combination of evidence.* One high quality randomized or quasi-experimental group design study and three high quality single subject design studies conducted by at least three different investigators or research groups.



# ***What is an EBP?***



- High quality randomized or quasi experimental design studies do not have critical design flaws that create confounds to the studies and have design features that readers/consumers to rule out competing hypotheses for study findings.
- High quality single subject design studies have no critical design flaws that create confounds and demonstrate experimental control at least three times.



# ***What is an EBP?***



The NPDC definition and criteria are based on the following sources:

- Horner, R., Carr, E., Halle, J., McGee, G., Odom, S., & Wolery, M. (2005). The use of single subject research to identify evidence-based practice in Special Education. *Exceptional Children*, 71, 165-180.
- Nathan, P. & Gorman, J. M. (2002). *A guide to treatments that work*. NY: Oxford University Press.
- Odom, S. L., Brantlinger, E., Gersten, R., Horner, R. D., Thompson, B., Harris, K. (2004). *Quality indicators for research in special education and guidelines for evidence-based practices: Executive summary*. Arlington, VA: Council for Exceptional Children Division for Research.
- Rogers, S.J., & Vismara, L.A. (2008). Evidence based comprehensive treatments for early autism. *Journal of Child Clinical Psychology*, 37(1), 8-38.

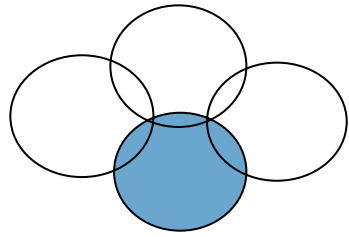




# ***Why evidence-based practices?***

- To promote the optimal development, learning, achievement, employment, and well being of individuals with ASD and to support their families
- Because IDEIA (2004) requires the use of scientific, evidence-based practices for children and youth with disabilities
- Because teachers are accountable for their instructional/intervention practices
- Because instructional/intervention decisions should be data driven

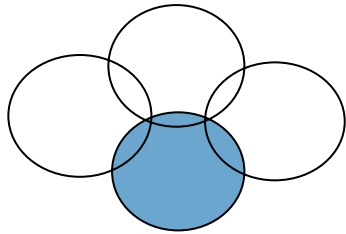




# Content Development

- Identify/define criteria for evidence
- Identify evidence-based practices
- Develop online introductory course on ASD
- Develop modules on evidence-based practices
- Provide content of summer institute





# Content Development

## Web-based Module Content

- Pre-Test/Post-Test
- Contextual Information
- Step-by-Step Instructions
- Case Examples
- Video Examples
- Implementation Checklist
- Summary of Evidence Base
- Resources



# Collaboration with OCAI and Partners for Module Development

## AUTISM INTERNET MODULES

[SIGN UP](#)

[ABOUT AIM](#)

[MODULE LIST](#)

[FORGOT PASSWORD?](#)

[HELP](#)

**LOGIN**

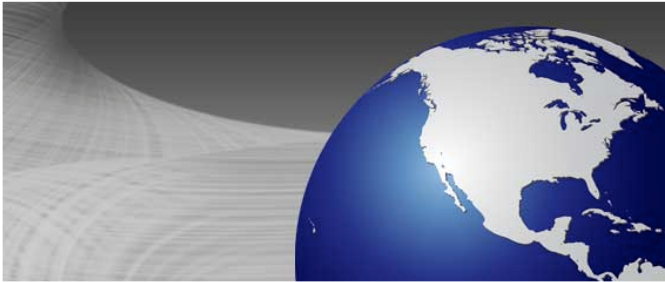
EMAIL

PASSWORD

[Login](#)


[\[ Forgot password? \]](#)

[\[ Create an account \]](#)




**WELCOME TO AIM**

**HIGHLIGHTED MODULES**

**STRUCTURED WORK SYSTEMS AND ACTIVITY ORGANIZATION**

Individuals with autism spectrum disorders (ASD) thrive in well-organized situations. Environments that provide clear expectations and predictable routines promote increased engagement and on-task behavior. Creating such environments often involves the use of individual work systems. This module will define individual work systems, offer strategies for developing such systems, and discuss how these systems might be used at home, school, work, and in the community.

**PEER-MEDIATED INSTRUCTION AND INTERVENTION (PMII) FOR CHILDREN WITH AUTISM SPECTRUM DISORDERS**

Social impairment and difficulty with social reciprocity – or understanding the back-and-forth nature of social interactions – is perhaps the single most defining feature of autism. Peer-mediated instructional approaches can address social concerns by teaching children and youth with ASD new social skills and increasing social opportunities within natural environments, often a primary goal of families. This module will explain **peer-mediated instruction** and

## AIM COLLABORATING PARTNERS



OCAI | Educational Service Center of Central Ohio



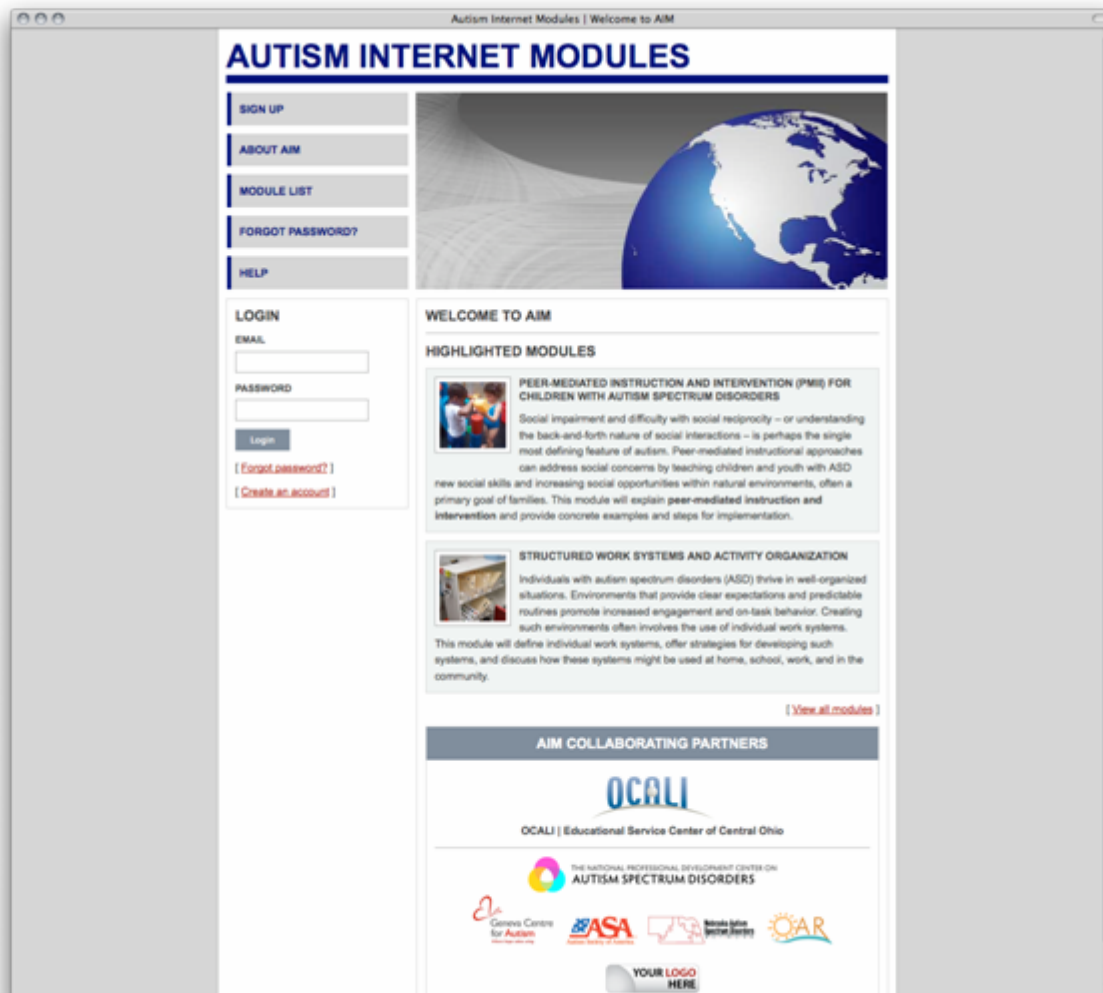
THE NATIONAL PROFESSIONAL DEVELOPMENT CENTER ON  
AUTISM SPECTRUM DISORDERS



THE NATIONAL PROFESSIONAL DEVELOPMENT CENTER ON  
AUTISM SPECTRUM DISORDERS

# Autism Internet Modules

<http://www.autisminternetmodules.org/>



THE NATIONAL PROFESSIONAL DEVELOPMENT CENTER ON  
AUTISM SPECTRUM DISORDERS

Introduction

Pre-Assessment

Overview

Learner Objectives

What is Peer-Mediated Instruction and Intervention (PMII)?

Who Can Use PMII and How Does it Work?

PMII for Early Childhood: Peer Initiation Training

Late Elementary through High School: Peer Social Networking

Frequently Asked Questions (FAQ)

Summary

Evidence Base for PMII

References and Citation

Post-Assessment

## RESOURCES

Step-by-Step Instructions

Implementation Checklists

Documents

Discussion Questions

Activities

[HOME](#) > [Peer-Mediated Instruction and Intervention \(PMII\) for Children with Autism Spectrum Disorders](#) > [Who Can Use PMII and How Does it Work?](#)

## WHO CAN USE PMII AND HOW DOES IT WORK?

### WHO CAN USE PMII?

This approach can be used by a variety of professionals including teachers, special educators, therapists, and classroom assistants in different educational and community-based environments.

### WHO WOULD BENEFIT MOST FROM PMII?

PMII is most useful for children and youth with ASD who have limited communication skills, who rarely initiate or respond to social interactions with peers, and who do not appear to be benefiting from group instruction. For these learners with ASD, the persistent social initiations from peers will increase social responding, sometimes increase social initiations, and heighten their social engagement. For children and youth with ASD who have communication skills (i.e., can express their needs to adults and understand verbal instructions), social skills training groups that involve both focal children and peers may be more effective. For middle school-aged and high school-aged students with ASD, social networking groups may be more appropriate.

### HOW DOES IT WORK?

Peer-mediated interventions are based on principles of behaviorism and social learning theory (Bandura, 1977). Peers are carefully and systematically taught ways of engaging children and youth with ASD in positive and extended social interactions in both teacher-directed and child-initiated activities (English et al., 1997; Odom et al., 1999; Strain & Odom, 1986). Peer-mediated interventions are beneficial for children and youth with ASD because they increase the likelihood that learners with ASD will generalize new social skills to different activities and with different peers that were not involved in the initial training and intervention (Rogers, 2000). This is particularly important given the difficulty that individuals with ASD have generalizing the use of skills to new situations and to different people.



ZOOM +

Content for this module was developed by  
The National Professional Development Center On Autism Spectrum Disorders

<< [Previous Page](#) | [Next Page](#) >>

## TEXT SIZE

A A A RESET ?

## SEARCH GLOSSARY

 GO

## PAGE KEYWORDS

Peer-mediated instruction and intervention (PMII)





# AUTISM<sup>®</sup>INTERNETMODULES

<< PAGE 9 / 29 >>

Introduction

Pre-Assessment

Overview

Learner Objectives

What is Peer-Mediated Instruction and Intervention (PMII)?

Who Can Use PMII and How Does it Work?

PMII for Early Childhood: Peer Initiation Training

Steps 1 and 2

Steps 3 and 4

Step 5

Video Examples

Putting it All Together

Late Elementary through High School: Peer Social Networking

Frequently Asked Questions (FAQ)

Summary

Evidence Base for PMII

References and Citation

Post-Assessment

## RESOURCES

Step-by-Step Instructions

HOME > [Peer-Mediated Instruction and Intervention \(PMII\) for Children with Autism Spectrum Disorders](#) > [PMII for Early Childhood: Peer Initiation Training](#) > Video Examples

## VIDEO EXAMPLES

The first two videos should be viewed after completing the content for Steps 1 and 2. The first is a training session video, the second is a practice session video. The third video should be viewed after completing the content for Step 5.

### MOVIE: PEER INITIATION TRAINING SESSION



[Play Movie](#) | [Stop Movie](#) | [Skip Movie Back](#) | [Skip Movie Forward](#) | [Start Movie Over](#)

### MOVIE TRANSCRIPT

Adult: "What's your name?"

Sam: "Sam"

Adult: "Sam, and what is your name?"

[ [Download Movie Transcript \(PDF\)](#) | [Download Quicktime Media Player](#) ]

TEXT SIZE

A A A RESET ?

SEARCH GLOSSARY

GO



THE NATIONAL PROFESSIONAL DEVELOPMENT CENTER ON  
**AUTISM SPECTRUM DISORDERS**

# Module Development Update

Practice	EB	Steps	Implementation CL	Overview	Module
Peer Mediated Instruction/Intervention	X	X	X	X	On line NPDC
Picture Exchange Communication System (PECS)	X	X	X	X	Edit
Social Narratives	X	Edit	Edit	Edit	
Speech Generating Devices/VOCA		X	X	X	Edit
Structured Work Systems	X	X	X	X	On line AIM
Visual Supports	X	X	X	X	On line AIM



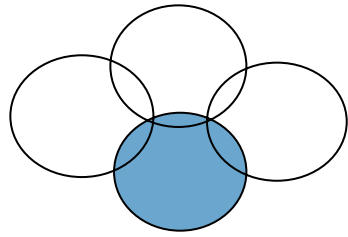


# Module Development Update

Practice	EB	Steps	Implementation CL	Overview	Module
Computer Assisted Instruct.	X	Edit	Edit	Edit	
Naturalistic Techniques					
Parent Training					
Pivotal Response Training	X	Edit	Edit	Edit	
Positive Behavioral Supports					
Self Management	X	Edit	Edit	Edit	
Social Skills					
Video Modeling	X		X	X	On line AIM

# Module Development Update

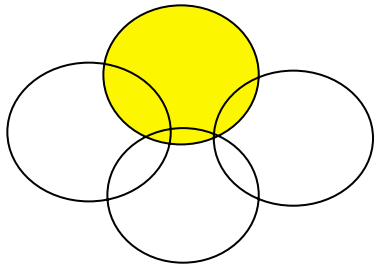
Practice	EB	Steps	Implementation CL	Overview	Module
Differential Reinforcement	X				
Discrete Trial Train.	X	Edit	Edit	Edit	
Extinction	X	Edit	Edit	Edit	
Functional Behavior Assess	X				
Functional Commun. Train.	X	Edit	Edit	Edit	
Prompting					
Reinforcement					
Stimulus Control/ Environ Mod					
Task Analysis					



# Content Development Products

- Project Website
- Assessment Instruments
  - Autism Program Environment Rating Scale (APERS)
  - Autism Evidence-Based Practices Inventory
  - Fidelity Implementation Checklists
- Web-based Modules
- Online Course
- National Network for Information Dissemination



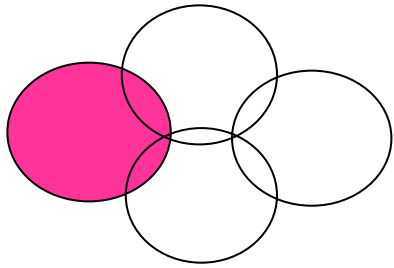


# Professional Development

## Intensive Summer Institute

1. Increase knowledge of EBP
2. Identify elements of high quality programs
3. Build networking, collaboration, and skills of members of state autism training team
4. Develop plans for model sites and for dissemination across state

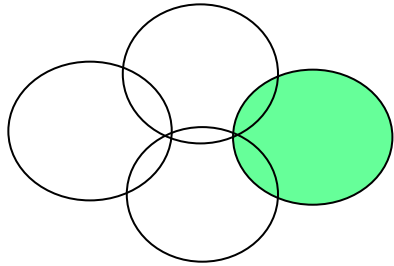




# Technical Assistance

1. Development of state strategic plan
2. Development of model sites
3. Use of goal attainment scaling
4. Development of community of practice
5. Onsite coaching/mentoring on
  - development/evaluation of high quality programs
  - use of EBP





# Evaluation

- Content
- Professional Development
- Technical Assistance
- Outcomes
  - Child
  - Family
  - Practitioner
  - Systems



# NPDC on ASD

Presents a tremendous opportunity to

- operationalize scientific literature on practices in a practitioner-friendly format
- assist states in introducing use of EBP as an important tool for practitioners' tool boxes
- provide models of sustainable professional development and technical assistance
- collaborate with organizations such as NASDE and OCALI to use resources as efficiently as possible
- advance early screening and diagnosis of ASD

